No pre-registration necessary.
Check in with UO ID at 4:00pm – north end of Hayward Field closest to Bowerman Building

Date: Friday, May 1, 4:30pm-7:30pm; check in at 4:00pm
Location: The Legendary Hayward Field
Entry Fee: FREE!

Eligibility: Current U of O students, faculty and staff;
Varsity Track members are not eligible
Running Club members can compete but are not eligible for championship t-shirts
Running Club members will also not receive hip numbers to avoid confusion on eligibility

400m Triple Jump starts when Long Jump ends
100m Jogger/Predicted Mile
4x400m
800m
4x100m
1500

* Each track event starts when the previous event ends so there is no set time.
Keep the order of events in mind when choosing your events.

Registration: Just show up at the south end of Hayward Field with your UO ID
When you check in you will choose your events

Equipment: Appropriate footwear is mandatory. Short spikes (1/4”) are permitted.

Rules: Running events:
Distance races are finals. Heats will be run for shorter events if necessary.
As needed, women’s events will follow men’s events. Two false starts = disqualification.

Field events:
Long, Triple and Shot: 4 attempts
High jump: Bar raised by 2-inch increments. Competitors may have up to 3 attempts per height or until 3 consecutive misses.

Contact Info: Tournament Administrator: (541) 346-0673
PE & Rec Service Center: (541) 346-4113

Revised 3.11.15